



SETTING THE TIME

1. Pull the crown out to the 1st Click Position.
2. Turn the crown to set hour and minute hands.
3. Push the crown back to the normal position. All done!

USING THE CHRONOGRAPH

The stopwatch is able to measure and display time in 1 second increments up to the maximum of 29 minutes 59 seconds. The stopwatch will automatically stop after running continuously for 30 minutes.

MEASURING TIME WITH THE STOPWATCH

1. Press button "A" to start the stopwatch.
2. The stopwatch will start and stop each time button "A" is pressed.
3. Press button "B" to reset the stopwatch and the stopwatch minute and second discs will return to their ZERO positions.

ADJUSTING THE STOPWATCH DISCS

This procedure should be performed when the stopwatch second hand does not return to the ZERO second position after the stopwatch has been reset.

1. Pull the crown out to the 1st Click Position.
2. Press button "A" to set the stop watch second disc to the ZERO position.
 - *The stopwatch minute disc is synchronized with stopwatch second disc.
 - *The stop watch second disc can be advanced rapidly by continuously pressing button "A".
3. Once the discs have been zeroed, reset the time and return the crown to its normal position.